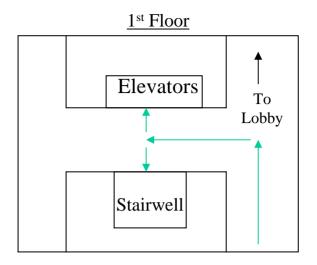


Start – 1st floor stairwell by DDD

Go to end of hallway and turn right

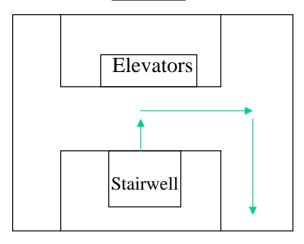
Continue toward the elevators



Option 1: Take elevators to 5th floor. Walk down stairs to basement – gate on 1st floor opens to allow you to take stairs to basement

Option 2: Take the stairs to 5th floor. Then take the elevator to the basement.

Basement

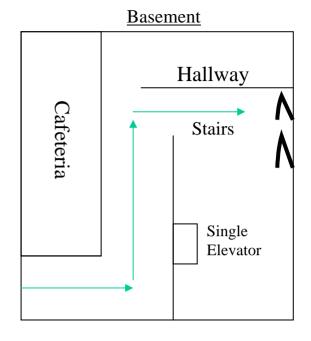


Exit Stairs – Turn right and proceed down hallway past cafeteria

Loop = $350 \text{ steps}/685 \text{ft or} \sim 1/8 \text{ mile}$

~ 5-6 minutes for one loop

Add ~120 steps if you take stairs up to 5th floor



Turn left at end of hallway

Proceed to stairs and take to first floor – Finish loop

Can also take single elevator if needed